



Wolverhampton Speakers Club

Section B Exercise 7 – Speaking With Your Body

The speaker will use their whole body, including gesture, movements and eye contact, to enhance the subject matter and presentation of a speech.

For This Exercise

- Suitable subject for the Exercise?
- Not exaggerated or unnecessary?
- Not detract from impact of speech?
- Appropriate, well-timed, gestures?
- Varied gestures?
- Not holding lectern?
- Gestures visible?
- Good eye contact?
- Not note-bound?
- Facial expressions and head movement?
- Appropriate and effective use of movement in the speaking space?

General Techniques

Construction	Voice
<ul style="list-style-type: none"> • Easy to follow? • Clear Beginning/Middle/End structure? • Does speech need signposting Y/N? • If so, is there clear signposting? • Powerful opening? • Powerful ending? 	<ul style="list-style-type: none"> • Clarity? • Pronunciation? • Varied pitch and volume? • Varied pace? • Correct use of pauses? • Not tailing off?
Notes	General
<ul style="list-style-type: none"> • Were notes used? • Did the speaker read the notes? • Were the notes obtrusive or distracting? • Pause to scan notes? • First sentence memorised? • Last sentence memorised? 	<ul style="list-style-type: none"> • Suitable subject? • Stance? • Gestures? • Mannerisms? • Use of language? • Audience rapport?

Techniques From Previous Exercises

<ul style="list-style-type: none"> • Speech Construction 	<ul style="list-style-type: none"> • Use of Notes
<ul style="list-style-type: none"> • Using Your Voice 	<ul style="list-style-type: none"> • Word Painting

Possible Recommendations

- Move on to next Exercise
- Repeat Exercise with same speech
- Repeat Exercise with a new speech